

# You're on your way to K!

The transition to kindergarten is respected as a major milestone not only for the child, but for his or her family as well. The attitude towards school and learning that the child carries with them for life is often determined by this very first experience with school. A smooth transition to kindergarten can help make sure your child is successful in school.

The information provided below is designed to help you prepare your children for their school experience.

## You bet, I'm ready for K!

Personal Needs Without help, can they...

- \_\_\_ Put on and take off coat
- \_\_\_ Tie their own shoes
- \_\_\_ Wash their hands
- \_\_\_ Snap, button, zip, and buckle

Social Skills Can they ...

- \_\_\_ Listen to an adult & follow simple instructions
- \_\_\_ Cooperate with other children
- \_\_\_ Sit for short periods of time
- \_\_\_ Follow simple two-step directions

Intellectual Skills Do your children...

- \_\_\_ Sit and listen to a story
- \_\_\_ Hold a book upright and turn the pages
- \_\_\_ Know their first and last name
- \_\_\_ Tell and retell familiar stories
- \_\_\_ Know colors, shapes and sizes
- \_\_\_ Counts 0-10

Intellectual Skills {continued}

- \_\_\_ Saying the ABC's
- \_\_\_ Holds scissors & pencil appropriately
- \_\_\_ Recognizes and writes first name (remember-use capital letter for the first letter in a name.) M-a-t-t, not M-A-T-T
- \_\_\_ Recognizes the letters within their name

To help with a smooth transition into kindergarten you can follow these additional helpful ideas, provide opportunities to play with other children, teach your children socially acceptable ways to disagree, and encourage social values such as helpfulness, cooperation, sharing and concern for others.

## •Additional Resources.



The Leap Frog Letter Factory DVD is a fun and engaging way to teach children the letters and the sounds of the alphabet.



Starfall.com has several free educational videos and games for teaching children the letters of the alphabet, and more!



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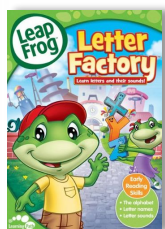
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# Pronto Estaras En K!

La transicion a Kindergarten es un gran paso en la vida de un nino o nina, al igual que lo es para los padres de familia. La actitud y recuerdos que ellos lleven por el resto de su vida escolar esta basados en este tan importante ano de transicion que es Kindergarten. Es por esta razon que deseamos que esta experiencia sea todo un exito en la vida de su hijo hacienda que esta estapa sea una experiencia maravillosa e inolvidable en la vida de su hijo o hija.

La informacion que le presentamos aqui abajo esta disenada para usted pueda ayudar a su hijo a que ests mejor preparado para esta gran experiencia escolar.

## Y diras, Estoy listo para Kindergarten!

Necesidades Personales que ellos tienen que saber sin ayuda...

- Ponerse y sacarse la chaqueta
- Abrocharse los zapatos
- Lavarse las manos
- Subirse el cierre y abrocharse la ropa

Habilidades Intelectuales que te sugerimos practiques con tu hijo o hija...

- Saber sentarse y escuchar una historia
- Sostener un libro y saber pasar la pagina
- Que sepa su nombre y apellido
- Contar historias familiares y poder decirlas otra vez
- Saber los colores, formas y tamanos
- Saber contar de 0-10

Habilidades sociales que deben mostrar...

- Saber escuchar a los adultos y seguir/obedecer indicaciones simples
- Saber cooperar con otros ninos
- Saber permanecer sentado (a) por periodos cortos de tiempo
- Saber seguir indicaciones simples de dos pasos

Habilidades Intelectuales{continuado}

- Saber el alfabeto
- Saber la tijera y el lapiz apropiadamente
- Reconocer y saber escribir su primer nombre (Recuerdele que debe usar letra mayuscula para la primera letra de su nombre y apellido) por ejemplo Mat y no MATT- solo mayuscula para la primera letra.

## Recursos Adicionales



El DVD llamado "The Leap Frog Letter Factory" es muy divertido y ayudara a su hijo a que aprenda las letras y los sonidos del alfabeto.



La website llamada Starfall.com tiene muchos videos educativos y tambien juegos para que los ninos aprendan tambien las letras del alfabeto y mucho mas!

