Explore Food Services on our Website
Visit FeedingTampaBay.org

1. Click on **Get Fresh Groceries** at the top of the page or scroll to the section titled Get Free Groceries for the Week.
2. **Select County** from the drop-down or use your zip code or city.
3. **Click on a day** to find location, time, and direction details, or to print distributions.

1. Click on **Find a Pantry Near You** at the top of the page or scroll to the section titled Find a Local Pantry.
2. **Select County** from the drop-down or type in your zip code or city.
3. **Select** A Hot Meal for Today, a Box of Fresh Groceries, or both and **click search.**
4. **Click on a pantry** to find address, phone number, and direction details, or to print the bottom to print all pantries.

Click on **Add More Money to Your Month** at the top of the page or scroll to this section to learn more about SNAP, WIC or FoodRx, find additional resources, or apply.

Click on **Secure a Job for the Future** at the top of the page or scroll to this section to learn more about FRESHforce, get program details, or apply.
Ways We Serve

**Trinity Cafe**
Find locations in Hillsborough and Pinellas and serving times. *Trinity Cafe is open to the public 365 days a year.*

**FRESHforce**
Find cohorts across Hillsborough, Pinellas, and Pasco counties and complete the program application. *FRESHforce is open to the public.*

**SNAP**
See if you qualify for SNAP, find information on how to check your balance, learn what SNAP benefits can purchase. *Any eligible individual can apply for SNAP.* Text ‘HCPSFood’ to 74544 or ‘HCPSComida’ to 74544.

*Our team CAN help:* screen for eligibility, apply for benefits, submit documentation.

*Our team CANNOT:* provide application status updates, check your balance, approve/deny applications.

**Nutrition Education**
Explore recipes for some of our most common foods, see special diet-related recipes (heart disease, diabetes, high BMI), and locate farmer’s markets or produce stops. *Nutrition Edu is open to the public.*

**Grocery Distribution**
Find how to make an on-site shopping appointment at our **Publix Community Market** or get information on our monthly **Produce Pantry**. *PCM is open to the public.*

**Groceries on the Go**
See stops across Hillsborough and Pinellas, accepted payment methods, and common store items. *GOTG is open to the public.*

**Feeding Students**
See if your school participates in our Feeding Minds School Pantry program, learn about our After School Meal programs, or find a Summer Meal site. *Most child programs are closed to the public.*

**Disaster Relief**
Find preparation tips ahead of disaster and emergency relief information post-disaster. *Disaster Relief is open to the public.*

**Feeding Pinellas Empowerment Center**
Find Trinity Cafe Pinellas hours, on-site pantry hours, other programs offered on-site (like SNAP assistance), and a list of additional services provided with help from partners. *Feeding Pinellas is open to the public.*