

Elementary & K-8

SEPTEMBER

2022

<p>Sep 1</p> <p>BREAKFAST Chicken Biscuit Maple Belgian Waffle Assorted Canned Fruit 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Four Cheese or Pepperoni Pizza Slice Mini Queso Bites Peas & Carrots Crisp Garden Side Salad w/ Ranch Fresh Blueberries Applesauce Cup Assorted Low Fat Milk</p>	<p>Sep 2</p> <p>BREAKFAST The Pancake Griddler Banana Chocolate Chunk Protein Bar Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Crispy Chicken Spicy Chicken Sandwich Teriyaki Turkey Meatballs w/ Pineapple Bacon Fried Rice and Fortune Cookie Cheesy Garlic & Herb Broccoli Baby Carrots w/ Ranch Fresh Red Grapes Assorted Low Fat Milk</p>
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<p>5</p> <p>LABOR DAY NO SCHOOL</p>	<p>6</p> <p>BREAKFAST Sausage Biscuit Eggo® Mini Confetti Pancakes Buddy Fruit® Cinnamon Applesauce 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Popcorn Chicken Bowl* Cheez its® Crackers* BBQ Pork Sandwich Sweet Kernel Corn Baby Carrots w/ Ranch Fresh Blueberries Assorted Low Fat Milk</p>	<p>7</p> <p>BREAKFAST Jimmy Dean® Pancake Wrapped Turkey Sausage Stick Yogurt w/ Grahams Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Original Cheeseburger Dry Rub Roasted Chicken* Cornbread Muffin* BBQ Baked Beans Crispy Seasoned Tater Tots Ocean Spray® Craisins Assorted Low Fat Milk</p>	<p>8</p> <p>BREAKFAST Chicken Biscuit Chocolate Chip Belgian Waffle Assorted Canned Fruit 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Four Cheese or Pepperoni Pizza Slice Hot Italian Sub Cool Tropics® Berry Blue Slushie Crisp Garden Side Salad w/ Ranch Applesauce Cup Assorted Low Fat Milk</p>	<p>9</p> <p>BREAKFAST The Pancake Griddler Banana Chocolate Chunk Protein Bar Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Teriyaki Chicken Potstickers w/ Fried Rice and Fortune Cookie Mini PizzaBoli Bites Garlic and Herb Broccoli Baby Carrots w/ Ranch Fresh Red Grapes Assorted Low Fat Milk</p>
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<p>12</p> <p>BREAKFAST Uncrustables Breakfast Pocket Cocoa Chip Protein Bar Sour Blue Raspberry Raisins 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Four Cheese or Pepperoni Pizza Slice Meatball & Marinara Sub Cheesy Spinach Bake Zucchini Dippers w/ Ranch Fresh Apple Slices Assorted Low Fat Milk</p>	<p>13</p> <p>BREAKFAST Sausage Biscuit Mini Blueberry Pancakes Buddy Fruit® Cinnamon Applesauce 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Southern Style Chicken Bites* Santa Fe Beef Totchos* Baked Tostitos Scoops* Seasoned Black Beans RedGold® Salsa Cup Fresh Blueberries Assorted Low Fat Milk</p>	<p>14</p> <p>BREAKFAST Jimmy Dean® Pancake Wrapped Turkey Sausage Stick Yogurt w/ Grahams Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Original Cheeseburger 3 Bean Chili * Cornbread Bowl* Crispy Seasoned Tater Tots Baby Carrots w/ Ranch Ocean Spray® Craisins Assorted Low Fat Milk</p>	<p>15</p> <p>BREAKFAST Chicken Biscuit Maple Belgian Waffle Assorted Canned Fruit 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Four Cheese or Pepperoni Pizza Slice Chicken & Rotini Alfredo Garlic and Herb Broccoli Crisp Garden Side Salad w/ Ranch Applesauce Cup Assorted Low Fat Milk</p>	<p>16</p> <p>BREAKFAST The Pancake Griddler Banana Chocolate Chunk Protein Bar Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH All American Hotdog Sweet and Sour Chicken w/Yellow Rice and Fortune Cookie Herbed Cauliflower Baby Carrots w/ Ranch Fresh Red Grapes Assorted Low Fat Milk</p>
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<p>19</p> <p>BREAKFAST Uncrustables® Breakfast Pocket Pillsbury® Mini Cinnis Sour Blue Raspberry Raisins 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Four Cheese or Pepperoni Pizza Slice Lentil Pasta w/ Meat Sauce* Lentil Pasta w/Marinara Breadsticks (2)* Seasoned Green Beans Baby Carrots w/ Ranch Fresh Apple Slices Assorted Low Fat Milk</p>	<p>20</p> <p>BREAKFAST Sausage Biscuit Mini Blueberry Pancakes Buddy Fruit® Cinnamon Applesauce 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Southern Style Chicken Bites* Buffalo Chicken Bites* Cheez its® Crackers* Cuban Sandwich Cuban Cheese Toast Baked Sweet Plantains Seasoned Black beans Fresh Blueberries Assorted Low Fat Milk</p>	<p>21</p> <p>BREAKFAST Jimmy Dean® Pancake & Turkey Sausage Stick Yogurt w/ Grahams Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Crispy Chicken Spicy Chicken Sandwich Pizza Sticks w/Marinara Sweet Kernel Corn Baby Carrots w/ Ranch Fresh Red Grapes Assorted Low Fat Milk</p>	<p>22</p> <p>BREAKFAST Chicken Biscuit Maple Belgian Waffle Assorted Canned Fruit 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Four Cheese or Pepperoni Pizza Slice Macaroni & Cheese Peas & Carrots Crisp Garden Side Salad w/ Ranch Applesauce Cup Assorted Low Fat Milk</p>	<p>23</p> <p>BREAKFAST The Pancake Griddler Banana Chocolate Chunk Protein Bar Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Original Cheeseburger Teriyaki Turkey Meatballs w/ Pineapple Bacon Fried Rice and Fortune Cookie Munchable Cheesy Garlic & Herb Broccoli Zucchini Dippers w/ Ranch Ocean Spray® Craisins Assorted Low Fat Milk</p>
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<p>26</p> <p>BREAKFAST Uncrustables® Breakfast Pocket Pillsbury® Minis Cinnis Sour Blue Raspberry Raisins 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Four Cheese or Pepperoni Pizza Slice Tuscan Rotini w/ Meatballs Seasoned Green Beans Baby Carrots w/ Ranch Fresh Apple Slices Assorted Low Fat Milk</p>	<p>27</p> <p>BREAKFAST Sausage Biscuit Eggo® Mini Confetti Pancakes Buddy Fruit® Cinnamon Applesauce 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Popcorn Chicken Bowl* Cheez its® Crackers* BBQ Pork Sandwich Sweet Kernel Corn Mashed Potatoes Cool Tropics® Berry Blue Slushie Fresh Blueberries Assorted Low Fat Milk</p>	<p>28</p> <p>BREAKFAST Jimmy Dean® Pancake Wrapped Turkey Sausage Stick Yogurt w/ Grahams Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Sloppy Joe Sandwich Dry Rub Roasted Chicken* Cornbread Muffin* Cheese Chef Salad BBQ Baked Beans Crispy Seasoned Tater Tots Fresh Red Grapes Assorted Low Fat Milk</p>	<p>29</p> <p>BREAKFAST Chicken Biscuit Chocolate Chip Belgian Waffle Assorted Canned Fruit 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Four Cheese or Pepperoni Pizza Slice Chicken & Rotini Alfredo Garlic and Herb Broccoli Baby Carrots w/ Ranch Applesauce Cup Assorted Low Fat Milk</p>	<p>30</p> <p>BREAKFAST The Pancake Griddler Banana Chocolate Chunk Protein Bar Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Sweet & Sour Chicken w/ Yellow Rice and Fortune Cookie All American Hotdog Munchable Herbed Cauliflower Zucchini Dippers w/ Ranch Ocean Spray® Craisins Assorted Low Fat Milk</p>
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