

# ELEMENTARY & K-8 SCHOOLS

## AUGUST MENU 2022

<p>— WELCOME —</p> <h1>BACK TO SCHOOL</h1>		<p>10</p> <p><b>BREAKFAST</b> Jimmy Dean® Pancake &amp; Turkey Sausage Stick Yogurt w/ Graham Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> Original Cheeseburger Macaroni &amp; Cheese Oven Roasted Potato Wedges Cool Tropics® Berry Blue Slushie Ocean Spray® Craisins Assorted Low Fat Milk</p>	<p>11</p> <p><b>BREAKFAST</b> Chicken Biscuit Maple Belgian Waffle Assorted Canned Fruit 100% Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> Four Cheese or Pepperoni Pizza Slice Mini Queso Bites Peas &amp; Carrots Crisp Garden Side Salad w/ Ranch Applesauce Cup Assorted Low Fat Milk</p>	<p>12</p> <p><b>BREAKFAST</b> The Pancake Griddler Banana Chocolate Chunk Protein Bar Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> Crispy Chicken/Spicy Chicken Sandwich Teriyaki Turkey Meatballs w/ Pineapple Bacon Fried Rice* Fortune Cookie* Cheesy Garlic &amp; Herb Broccoli Baby Carrots w/ Ranch Fresh Orange Smiles Assorted Low Fat Milk</p>
<p>15</p> <p><b>BREAKFAST</b> Uncrustables Breakfast Pocket Cocoa Chip Protein Bar Raisin Box 100% Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> Four Cheese or Pepperoni Pizza Slice Tuscan Rotini w/ Meatballs Seasoned Green Beans Cucumber Slices w/ Ranch Fresh Apple Slices Assorted Low Fat Milk</p>	<p>16</p> <p><b>BREAKFAST</b> Sausage Biscuit Eggo® Mini Confetti Pancakes Buddy Fruit® Cinnamon Applesauce 100% Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> Popcorn Chicken Bowl* Cheez its® Crackers* BBQ Pork Sandwich Sweet Kernel Corn Baby Carrots w/ Ranch 100% Fruit Juice Assorted Low Fat Milk</p>	<p>17</p> <p><b>BREAKFAST</b> Jimmy Dean® Pancake Wrapped Turkey Sausage Stick Yogurt w/ Graham Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> Original Cheeseburger BBQ Rub Roasted Chicken* Cornbread Muffin* BBQ Baked Beans Crispy Seasoned Tater Tots Ocean Spray® Craisins Assorted Low Fat Milk</p>	<p>18</p> <p><b>BREAKFAST</b> Chicken Biscuit Chocolate Chip Belgian Waffle Assorted Canned Fruit 100% Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> Four Cheese or Pepperoni Pizza Slice Hot Italian Sub Cool Tropics® Berry Blue Slushie Crisp Garden Side Salad w/ Ranch Applesauce Cup Assorted Low Fat Milk</p>	<p>19</p> <p><b>BREAKFAST</b> The Pancake Griddler Banana Chocolate Chunk Protein Bar Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> Sweet &amp; Sour Chicken w/ Yellow Rice* Fortune Cookie* Mini PizzaBoli Bites Steamed Broccoli Baby Carrots w/ Ranch Fresh Orange Smiles Assorted Low Fat Milk</p>
<p>22</p> <p><b>BREAKFAST</b> Uncrustables Breakfast Pocket Cocoa Chip Protein Bar Raisin Box 100% Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> Four Cheese or Pepperoni Pizza Slice Meatball &amp; Marinara Sub Cheesy Spinach Bake Cucumber Slices w/ Ranch Fresh Apple Slices Assorted Low Fat Milk</p>	<p>23</p> <p><b>BREAKFAST</b> Sausage Biscuit Mini Blueberry Pancakes Buddy Fruit® Cinnamon Applesauce 100% Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> Santa Fe Beef Totchos* Southern Style Chicken Bites* Seasoned Black Beans RedGold® Salsa Cup Baked Tostitos Scoops* 100% Fruit Juice Assorted Low Fat Milk</p>	<p>24</p> <p><b>BREAKFAST</b> Jimmy Dean® Pancake Wrapped Turkey Sausage Stick Yogurt w/ Graham Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> Original Cheeseburger 3 Bean Chili * Cornbread Muffin* Crispy Seasoned Tater Tots Baby Carrots w/ Ranch Ocean Spray® Craisins Assorted low Fat Milk</p>	<p>25</p> <p><b>BREAKFAST</b> Chicken Biscuit Maple Belgian Waffle Assorted Canned Fruit 100% Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> Four Cheese or Pepperoni Pizza Slice Chicken &amp; Rotini Alfredo Garlic &amp; Herb Broccoli Crisp Garden Side Salad w/ Ranch Applesauce Cup Assorted Low Fat Milk</p>	<p>26</p> <p><b>BREAKFAST</b> The Pancake Griddler Banana Chocolate Chunk Protein Bar Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> All American Hotdog Teriyaki Chicken Potstickers w/ Fried Rice* Fortune Cookie* Herbed Cauliflower Baby Carrots w/ Ranch Fresh Orange Smiles Assorted Low Fat Milk</p>

<p>29</p> <p><b>BREAKFAST</b>  Uncrustables® Breakfast Pocket  Cocoa Chip Protein Bar  Sour Blue Raspberry Raisins 100% Juice  White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>  Four Cheese or Pepperoni Pizza Slice  Lentil Pasta with Meatsauce*  Breadsticks (2)*  Seasoned Green Beans  Cucumber Slices w/ Ranch  Fresh Apple Slices  Assorted Low Fat Milk</p>	<p>30</p> <p><b>BREAKFAST</b>  Sausage Biscuit  Mini Blueberry Pancakes  Buddy Fruit® Cinnamon Applesauce  100% Juice  White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>  Southern Style chicken Bites*  Cheez its® Crackers*  Pressed Cuban Sandwich  Baked Sweet Plantains  Baby Carrots w/ Ranch  100% Fruit Juice  Assorted Low Fat Milk</p>	<p>31</p> <p><b>BREAKFAST</b>  Jimmy Dean® Pancake &amp; Turkey Sausage Stick  Yogurt w/ Graham  Strawberry Apple Crisps 100% Juice  White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>  Original Cheeseburger  Macaroni &amp; Cheese  Oven Roasted Potato Wedges  Cool Tropics® Berry Blue Slushie  Ocean Spray® Craisins  Assorted Low Fat Milk</p>	<p>Sep 1</p> <p><b>BREAKFAST</b>  Chicken Biscuit  Maple Belgian Waffle  Assorted Canned Fruit  100% Juice  White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>  Four Cheese or Pepperoni Pizza Slice  Mini Queso Bites  Peas &amp; Carrots  Crisp Garden Side Salad w/ Ranch  Applesauce Cup  Assorted Low Fat Milk</p>	<p>Sep 2</p> <p><b>BREAKFAST</b>  The Pancake Griddler  Banana Chocolate Chunk Protein Bar  Strawberry Apple Crisps 100% Juice  White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>  Crispy Chicken/Spicy Chicken Sandwich  Teriyaki Turkey Meatballs w/ Pineapple Bacon Fried Rice*  Fortune Cookie*  Cheesy Garlic &amp; Herb Broccoli  Baby Carrots w/ Ranch  Fresh Orange Smiles  Assorted Low Fat Milk</p>
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**Breakfast: Cereal can be served daily for breakfast along with the other menu choices.**

**A Munchable/Power Pack of Choice must be offered every day** - PBJ w/Crackers Munchable (FH-102), Yogurt Munchable (FH-104), Smoothie Munchable (FH-104a), Cereal w/ Graham Munchable (FH-118), Sliced Loaf Munchable (DH-175), Mini Loaf Munchable (FH-119a), Boiled Egg Munchable (FH-140b), PB Cup Munchable (FH-119a), Hummus Power Pack (PP-05), Cheese Pizza Power Pack (SM-7), NO-Nut Butter Cup Munchable (FH-119c), Tuna Salad Power Pack (PP-33), Chicken Salad Power Pack (PP-75), or Egg Salad Power Pack (PP-52).

Updated 5/19/22