

MAY 2022 MENU

Updated 4/6/22

<p>2</p> <p>BREAKFAST Bacon, Egg & Cheese Calzone Cocoa Chip Protein Bar Raisin Box 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Four Cheese or Pepperoni Pizza Slice Meatball & Marinara Sub Sweet Kernel Corn Cucumber Slices w/ Ranch Fresh Apple Slices Assorted Low Fat Milk</p>	<p>3</p> <p>BREAKFAST Chicken Biscuit Yogurt with Graham Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Mini Queso Bites w/ Salsa Tasty Brands Turkey & Cheese Sandwich Seasoned Black Beans Baby Carrots w/ Ranch 100% Fruit Juice Assorted low Fat Milk</p>	<p>4</p> <p>BREAKFAST Sausage Biscuit Mini Blueberry Pancakes Buddy Fruit® Cinnamon Applesauce 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Original Cheeseburger Grilled Cheese Sandwich Creamy Tomato Soup Fruitables Veggie Juice Box Ocean Spray® Craisins Assorted Low Fat Milk</p>	<p>5</p> <p>BREAKFAST Apple Cinnamon Chewy bar Yogurt Smoothie w/ Graham Assorted Canned Fruit 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Four Cheese or Pepperoni Pizza Slice Chicken & Rotini Alfredo Steamed Broccoli Grape Tomatoes w/ Ranch Applesauce Cup Assorted Low Fat Milk</p>	<p>6</p> <p>BREAKFAST Sausage Biscuit Banana Chocolate Chunk Protein Bar Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Crispy Chicken/Spicy Chicken Sandwich 3 Bean Chili Cornbread Bowl Cheesy Spinach Bake Baby Carrots w/ Ranch Fresh Orange Smiles Assorted Low Fat Milk</p>
<p>9</p> <p>BREAKFAST Bacon, Egg & Cheese Calzone Cocoa Chip Protein Bar Raisin Box 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Four Cheese or Pepperoni Pizza Slice Lentil Pasta with Meatsauce & Breadsticks (2) Roasted Carrots Cucumber Slices w/ Ranch Fresh Apple Slices Assorted Low Fat Milk</p>	<p>10</p> <p>BREAKFAST Chicken Biscuit Yogurt with Graham Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Southern Style chicken Bites with Cheez its® Cuban Sandwich Baked Sweet Plantains Baby Carrots w/ Ranch 100% Fruit Juice Assorted Low Fat Milk</p>	<p>11</p> <p>BREAKFAST Sausage Biscuit Eggo® Mini Cinnamon Waffles Buddy Fruit® Cinnamon Applesauce 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Original Cheeseburger Chicken w/ Yellow Rice Oven Roasted Potato Wedges Fruitables Veggie Juice Box Ocean Spray® Craisins Assorted Low Fat Milk</p>	<p>12</p> <p>BREAKFAST Apple Cinnamon Chewy bar Yogurt Smoothie w/Strawberry Graham Assorted Canned Fruit 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Four Cheese or Pepperoni Pizza Slice Tasty Brands Turkey, Pepperoni & Cheese Croissant Peas & Carrots Grape Tomatoes w/ Ranch Applesauce Cup Assorted Low Fat Milk</p>	<p>13</p> <p>BREAKFAST Sausage Biscuit Banana Chocolate Chunk Protein Bar Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH PizzaBoli All American Hotdog Cheesy Garlic & Herb Broccoli Baby Carrots w/ Ranch Fresh Orange Smiles Assorted Low Fat Milk</p>
<p>16</p> <p>BREAKFAST Bacon, Egg & Cheese Calzone Cocoa Chip Protein Bar Raisin Box 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Four Cheese or Pepperoni Pizza Slice Tuscan Rotini w/ Meatballs Steamed Broccoli Cucumber Slices w/ Ranch Fresh Apple Slices Assorted Low Fat Milk</p>	<p>17</p> <p>BREAKFAST Chicken Biscuit Yogurt with Graham Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Macaroni & Cheese BBQ Pork Cornbread Bowl BBQ Baked Beans Baby Carrots w/ Ranch 100% Fruit Juice Assorted Low Fat Milk</p>	<p>18</p> <p>BREAKFAST Sausage Biscuit Mini Blueberry Pancakes Buddy Fruit® Cinnamon Applesauce 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Original Cheeseburger Grilled Turkey & Cheese Sandwich Steamed Broccoli Fruitables Veggie Juice Box Ocean Spray® Craisins Assorted Low Fat Milk</p>	<p>19</p> <p>BREAKFAST Apple Cinnamon Chewy bar Yogurt Smoothie w/Strawberry Graham Assorted Canned Fruit 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Four Cheese or Pepperoni Pizza Slice Sloppy Joe Sandwich Mashed Potatoes w/ Gravy Grape Tomatoes w/ Ranch Assorted Canned Fruit Assorted Low Fat Milk</p>	<p>20</p> <p>BREAKFAST Sausage Biscuit Banana Chocolate Chunk Protein Bar Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Crispy Chicken/Spicy Chicken Sandwich Mini Cheesy Calzones Herbed Cauliflower Baby Carrots w/ Ranch Fresh Orange Smiles Assorted Low Fat Milk</p>
<p>23 Manager's Special</p> <p>We are allowing Manager's Specials to be menued daily to help use inventory. Recipes in One Source must be followed to ensure you are meeting the nutritional requirements and menu components.</p>	<p>24 Manager's Special</p> <p>We are allowing Manager's Specials to be menued daily to help use inventory. Recipes in One Source must be followed to ensure you are meeting the nutritional requirements and menu components.</p>	<p>25 Manager's Special</p> <p>We are allowing Manager's Specials to be menued daily to help use inventory. Recipes in One Source must be followed to ensure you are meeting the nutritional requirements and menu components.</p>	<p>26 Manager's Special</p> <p>We are allowing Manager's Specials to be menued daily to help use inventory. Recipes in One Source must be followed to ensure you are meeting the nutritional requirements and menu components.</p>	<p>27 Last Day of School!</p> <p>Students Released 2.5 Hours Early.</p> 

Breakfast: Cereal can be served daily for breakfast along with the other menu choices. High School MUST serve an additional 1/2c serving of fruit daily. A Munchable/Power Pack of Choice must be offered every day - PBJ w/Crackers Munchable (FH-102), Yogurt Munchable (FH-104), Smoothie Munchable (FH-104a), Cereal w/ Graham Munchable (FH-118), Sliced Loaf Munchable (DH-175), Mini Loaf Munchable (FH-119a), Boiled Egg Munchable (FH-140b), PB Cup Munchable (FH-119a), Hummus Power Pack (PP-05), Cheese Pizza Power Pack (SM-7), NO-Nut Butter Cup Munchable (FH-119c), Tuna Salad Power Pack (PP-33), Chicken Salad Power Pack (PP-75), or Egg Salad Power Pack (PP-52).