



# Elementary & K-8 Schools

## March Menu 2023

27	<p><b>BREAKFAST</b> Maple Belgian Waffle Pillsbury® Mini Cinnis Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> Four Cheese or Turkey Pepperoni Pizza Slice Lentil Pasta w/ Meat Sauce* Lentil Pasta w/Marinara* Garlic &amp; Herb Breadsticks (2) Seasoned Green Beans Baby Carrots w/ Ranch Fresh Apple Slices Assorted Low Fat Milk</p>	28	<p><b>BREAKFAST</b> Sausage Biscuit Yogurt w/ Grahams Buddy Fruit® Cinnamon Applesauce 100% Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> Southern Style Chicken Bites* Buffalo Chicken Bites* Cheez its® Crackers* Pressed Cuban Sandwich Munchable Seasoned Black Beans Fresh Cucumber Slices w/Ranch Fresh Orange Assorted Low Fat Milk</p>	1	<p><b>BREAKFAST</b> Egg and Cheese Croissant Banana Chocolate Chunk Bar Fresh Blueberries 100% Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> Original Cheeseburger Teriyaki Turkey Meatballs w/ Pineapple Bacon Fried Rice and Fortune Cookie Munchable Garlic &amp; Herb Broccoli Baby Carrots w/ Ranch Dried Cranberries Assorted Low Fat Milk</p>	2	<p><b>BREAKFAST</b> Chicken Biscuit Jimmy Dean® Pancake &amp; Turkey Sausage Stick Mixed Berry Cup 100% Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> Four Cheese or Turkey Pepperoni Pizza Slice Macaroni &amp; Cheese Sweet Potato Bake Crisp Garden Salad w/ Ranch Sliced Pears Assorted Low Fat Milk</p>	3	<p><b>BREAKFAST</b> The Pancake Griddler Mini Confetti Pancakes Peach Cup 100% Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> Crispy Chicken Sandwich Spicy Chicken Sandwich Crispy Fish Tacos Munchable Seasoned Peas and Carrots Sweet Kernel Corn Fresh Red Grapes Assorted Low Fat Milk</p>	
6	<p style="text-align: center;"><b>NON-STUDENT DAY</b></p> <p style="text-align: center;"><b>Help us celebrate National School Breakfast Week with limited-time- only breakfast items!</b></p>	7	<p><b>BREAKFAST</b> Strawberry and Cream Strudel Sausage Biscuit Yogurt w/ Granola Buddy Fruit® Cinnamon Applesauce 100% Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> Popcorn Chicken Bowl* Cheez its® Crackers* All American Hot Dog Mashed Potatoes Sweet Kernel Corn Baby Carrots w/Ranch Fresh Apple Slices Assorted Low Fat Milk</p>	8	<p><b>BREAKFAST</b> Pancake and Turkey Sausage Bites Uncrustables® Breakfast Pocket Banana Chocolate Chunk Bar Fresh Fruit of Choice 100% Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> Sweet &amp; Sour Chicken w/ Yellow Rice and Fortune Cookie BBQ Pulled Pork Sandwich Munchable BBQ Baked Beans Crisp Garden Salad w/ Ranch Sliced Peaches Assorted Low Fat Milk</p>	9	<p><b>BREAKFAST</b> Cinnamon Toast Crunch Soft Filled Bar Chicken Biscuit Jimmy Dean® Pancake &amp; Turkey Sausage Stick Sour Blue Raspberry Raisins 100% Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> Four Cheese or Turkey Pepperoni Pizza Slice Dry Rub Roasted Chicken* Cornbread Muffin* Garlic and Herb Broccoli Sweet Potato Waffle Fries Dried Cranberries Assorted Low Fat Milk</p>	10	<p><b>BREAKFAST</b> Apple Cinnamon Toast The Pancake Griddler French Toast Sticks Applesauce Cup 100% Fruit Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> Original Cheeseburger Chicken &amp; Rotini Alfredo Fish and Chips* w/Goldfish Crackers* Crispy Seasoned Tater Tots Fresh Cucumber Slices w/ Ranch Fresh Red Grapes Assorted Low Fat Milk</p>	
13	<b>SPRING BREAK</b>								16	17
20	<p><b>BREAKFAST</b> Maple Belgian Waffle Jimmy Dean® Pancake &amp; Turkey Sausage Stick Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> Four Cheese or Turkey Pepperoni Pizza Slice Meatball &amp; Marinara Sub Cool Tropics® Tropical Slushie Baby Carrots w/ Ranch Fresh Apple Slices Assorted Low Fat Milk</p>	21	<p><b>BREAKFAST</b> Sausage Biscuit Yogurt w/ Grahams Buddy Fruit® Cinnamon Applesauce 100% Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> Santa Fe Beef Burrito Santa Fe Bean Black Burrito Southern Style Chicken Bites* Tostitos Scoops* Seasoned Black Beans RedGold Salsa Cup Fresh Banana Assorted Low Fat Milk</p>	22	<p><b>BREAKFAST</b> Egg and Cheese Croissant Banana Chocolate Chunk Bar Fresh Fruit of Choice 100% Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> Mini Pizzaboli Bites w/ Marinara Teriyaki Chicken Potstickers w/ Fried Rice and Fortune Cookie Peas &amp; Carrots Crisp Garden Salad w/ Ranch Dried Cranberries Assorted Low Fat Milk</p>	23	<p><b>BREAKFAST</b> Chicken Biscuit Pillsbury® Mini Cinnis Mixed Berry Cup 100% Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> Four Cheese or Turkey Pepperoni Pizza Slice Cold Italian Sub Cheesy Spinach Bake Fresh Cucumber Slices w/Ranch Applesauce Cup Assorted Low Fat Milk</p>	24	<p><b>BREAKFAST</b> The Pancake Griddler Mini Confetti Pancakes Peach Cup 100% Juice White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b> Original Cheeseburger Cheesy Chili Walking Tacos w/ Fritos Fish and Chips* w/Goldfish Crackers* Crispy Seasoned Tater Tots Baby Carrots w/ Ranch Fresh Red Grapes Assorted Low Fat Milk</p>	

<p>27</p> <p><b>BREAKFAST</b>  Chocolate Chip Belgian Waffle  Jimmy Dean® Pancake &amp;  Turkey Sausage Stick  Strawberry Apple Crisps  100% Juice  White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>  Four Cheese or Turkey  Pepperoni Pizza Slice  Cuban Pork Rice Bowl  Baked Sweet Plantains  Seasoned Black Beans  Fresh Apple Slices  Assorted Low Fat Milk</p>	<p>28</p> <p><b>BREAKFAST</b>  Sausage Biscuit  Yogurt w/ Granola  Buddy Fruit® Cinnamon  Applesauce  100% Juice  White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>  Chicken Tinga Tacos  Black Bean Tacos  All American Hot Dog  Baby Carrots w/ Ranch  Seasoned Green Beans  Fresh Orange  Assorted Low Fat Milk</p>	<p>29</p> <p><b>BREAKFAST</b>  Uncrustables® Breakfast  Pocket  Banana Chocolate Chunk Bar  Fruity Yogurt Parfait  Fresh Blueberries  100% Juice  White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>  Mini Cheesy Calzones w/  Marinara  General Tso Chicken  w/ Fried Rice and Fortune  Cookie  Fresh Cucumber Slices  w/ Ranch  Herbed Cauliflower  Dried Cranberries  Assorted Low Fat Milk</p>	<p>30</p> <p><b>BREAKFAST</b>  Chicken Biscuit  Pillsbury® Mini Cinnis  Sour Blue Raspberry Raisins  100% Juice  White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>  Four Cheese or Turkey  Pepperoni Pizza Slice  Baked Fried Chicken  Drumstick*  w/Cornbread Muffin*  Fresh Broccoli Florets  w/ Ranch  Sweet Potato Bake  Fresh Florida Strawberries  Assorted Low Fat Milk</p>	<p>31</p> <p><b>BREAKFAST</b>  The Pancake Griddler  French Toast Sticks  Applesauce Cup  100% Juice  White Milk (Low Fat or Skim)</p> <p><b>LUNCH</b>  Popcorn Chicken w/ Maple  Waffle  Southern Fish Po Boy  Munchable  Fresh Corn on the Cob  Baby Carrots w/ Ranch  Fresh Red Grapes  Assorted Low Fat Milk</p>
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**Breakfast: Cereal can be served daily for breakfast along with the other menu choices.**

**A Munchable/Power Pack of Choice must be offered every day** - PBJ w/Crackers Munchable (FH-102), Yogurt Munchable (FH-104), Smoothie Munchable (FH-104a), Cereal w/ Graham Munchable (FH-118), Sliced Loaf Munchable (DH-175), Mini Loaf Munchable (FH-119a), Boiled Egg Munchable (FH-140b), PB Cup Munchable (FH-119a), Spicy munchable (FH-140a), Hummus Power Pack (PP-05), Cheese Pizza Power Pack (SM-7), No-Nut Butter Cup Munchable (FH-119c), Tuna Salad Power Pack (PP-33), Chicken Salad Power Pack (PP-75), or Egg Salad Power Pack (PP-52).

**An Entrée Salad must be offered every day with whole grain breadsticks or a whole grain cracker option** – Greenhouse Salad (EH-91), Cheese Chef Salad (EH-46), Crispy Chicken Salad (EH-50A), Ham Chef Salad (EH-9a), Turkey Chef Salad (EH-13a), Vegan Chef Salad (EH-85), Cheese Chef Spicy Salad (EH-45c).

Updated 2/8/2023