



FIRST FRIDAY

AT BALLAST POINT ELEMENTARY

**FIRST EVENT
OCTOBER 4TH!**

WALK OR BIKE TO SCHOOL ON THE **FIRST FRIDAY**
EVERY MONTH AND WIN PRIZES!

1. WALK OR BIKE TO SCHOOL ON FRIDAY.
2. CHECK IN WITH OUR WALK TO SCHOOL AMBASSADORS AT RUSSELL & BALLAST POINT BLVD. OR QUINCY AND BALLAST POINT BLVD.

THE CLASSROOM WITH THE MOST WALKERS/BIKERS
EACH MONTH WINS A BASKET FULL OF FUN FOR RECESS!

**WHY WALK TO SCHOOL? IT'S GOOD FOR YOUR BODY,
GOOD FOR YOUR BRAIN, GOOD FOR YOUR
COMMUNITY, AND GOOD FOR YOUR PLANET.**

