



Red Ribbon Week

Red Ribbon Week is an awareness campaign about alcohol, tobacco and other drugs and violence that is observed annually in October. We would also like to highlight other issues that can affect our mental health, such as bullying prevention, the benefits of self-care, and healthy coping mechanisms. This year's theme is **CELEBRATE LIFE. LIVE DRUG FREE**



October 24

MONDAY



Be brave, be you!
Wear red to support
Red Ribbon Week

October 25

TUESDAY



Form a team to STOP
bullying!
Wear your favorite sports
team jersey

October 26

WEDNESDAY



Free from drugs from head to
toe!
Wear crazy socks
or Crazy Hair

October 27

THURSDAY



My future is too bright
for drugs!
Wear neon or
sunglasses!

October 28

FRIDAY



Too smart to fall for drugs!
Wear autumn-themed
shirts, flannel, or autumn
colors

