

FHS Athletics 2024-2025



Sports by Season w/Coaches

Fall

- Football- Ron Perisee (ronald.perisee@hcps.net)
- Boys/Girls Cross Country- Alex Hernandez (alexander.hernandez1@hcps.net)
- Boys Golf- Greg Vincent (gregory.vincent@hcps.net)
- Girls Golf- Summer Vippolis (Summer.vippolis@hcps.net)
- Boys Swimming- Kristy Udagwa (kritttyp3@msn.com)
- Girls Swimming- Matthew Suits (matthew.suits@hcps.net)
- Volleyball- Renee Thompson (renee.thompson@hcps.net)

Winter

- Boys Soccer- Luiz Antonio (luiz.antoniofilho. hcps.net)
- Girls Soccer- Alex Hernandez (alexander.hernandez1@hcps.net)
- Boys Basketball- Paul Mahon (paul.mahon@hcps.net)
- Girls Basketball- Passion Hodge (passion.hodge1@hcps.net)
- Wrestling- Eric Heller (eheller1@hotmail.com)
- Cheerleading- Jamie Miller (Jamie.Miller1@hcps.net)

Spring

- Boys Track- Alex Hernandez (alexander.hernandez1@hcps.net)
- Girls Track- Hannah Henderson (hannah.henderson@hcps.net)
- Boys Tennis- Rich Simard (richard.simard@hcps.net)
- Girls Tennis- Summer Vippolis (summer.vippolis@hcps.net)
- Boys Lacrosse-Jason Cunningham (jasonlanecunnignham@gmail.com)
- Girls Lacrosse- Priscilla Mohan (rachnamohan@live.com)
- Baseball- Dane Moore (dane.moore@hcps.net)
- Softball- Grace Eckert (grace.eckert@hcps.net)
- Flag Football- Eric Galante (eric.galante@hcps.net)

Athletic Director- Jenna Lamour (Jenna.lamour@hcps.net)

Athletic Secretary- Aileen Bringas (Aileen.bringas@hcps.net)