

EAGLE FOOTBALL UPDATES

THANK YOU FOR ALL YOUR SUPPORT!

IMPORTANT DATES:

Begin Fall Clearance Process -
5/15

Spring Game vs. Spoto 5/19
@ Brandon – 6:30 PM

Summer Strength and
Conditioning 6/13 – 8 am

REGISTER FOR SUMMER
SCHOOL AND OR FLVS
CLASSES NOW!

We create a standard for how we want to do things and everybody's got to buy into that standard or you really can't have any team chemistry. Mediocre people don't like high-achievers and high-achievers don't like mediocre people.

Nick Saban

WWW.STOREMYPIC.COM

Price Before Prize!

SUMMER STRONG SEASON STARTS 6/13!

Strong Season is our strength and conditioning program during the winter and summer months between football seasons. We will workout Mon-Wed. from 8-10 through June. In July we will train Mon. – Tues. – Thurs. from 8-10. This is a critical part of the process of being the best we can be! **Those that are ultimately committed to their craft and supported at home will be here. ALL PLAYERS MUST BE CLEARED BEFORE PARTICIPATING. RETURNERS MUST BE PRESENT EVEN IF THEY ARE NOT CLEARED.**

WHY?

- Players not only build strength and stamina, but they also begin to learn to work as a TEAM.

-Strong Season ensures that coaches have “eyes” on their players and are supporting them throughout their summer.

- Players learn life skills such as responsibility, accountability, mental, and physical toughness.

-Players learn to care for each other.

-Strong season provides an opportunity to hone your craft

-Strong Season is a crucial time for the TEAM to build relationships that carry them through a long season and last a lifetime.

-This is a great time for returners that did not play spring to begin making up practices.

"Success isn't always about greatness. It's about consistency. Consistent hard work leads to success. Greatness will come."

- Dwayne “The Rock” Johnson

In order to foster effort and accountability returners that do not participate in workouts will be required to make-up practices before they are able to compete for a position in the fall.



WTD!

FIND A WAY!

Coach Stewart

813-484-3845

daryl.stewart@hcps.net

MANDATORY PAPERWORK

All paperwork must be submitted before athletes can participate. Please follow the link to get started.

[Athletics / Student Forms \(hillsboroughschools.org\)](https://www.hillsboroughschools.org/Athletics/StudentForms)

INSTRUCTION VERSION

ATHLETIC REQUIREMENTS: Prior to starting, you will need the following documents available to

complete the registration process:

1. FHSAA EL2 Physical (use EL2 on SDHC Athletics website): must include doctor's stamp, signature and

date on page 2. Make sure the CLEARED WITHOUT LIMITATIONS box has been checked by your physician.

2. Proof of purchase or insurance card of mandatory School Insurance.

3. Birth Certificate (all students must upload)

4. Proof of Residence (examples: current electric/water/gas bill within the last 30 days, current lease (to include all pages of lease), mortgage statement within the last 30 days, tax record showing homestead exemption). Scan proof as ONE document.

5. Government issued photo identification of parent or legal guardian completing the registration (this is in addition to the current proof of residence).

6. Certificates for the three required FHSAA videos (in student's name) from nfhslearn.com. Scan all three certificates as ONE document. (Instructions for viewing the videos is attached.) Videos must be completed after May 4 of the current year to be accepted for the following school

7. School Specific Form(s), if required by the student's school.