

# **JANUARY 2021 MENU**

#### **BREAKFAST French Toast Sticks**

w/syrup Banana Chocolate Chunk Protein Bar 100% Juice Assorted Low Fat Milk

#### LUNCH

Crispy Chicken Sandwich Spicy Chicken Sandwich Manager's Special Entrée Assorted Fruit Cup Fresh Veggies w/ Dip Assorted Low Fat Milk

# **DINNER**

**Danimals Yogurt** Sunflower Seeds Mini Blueberry Muffin Tropical Trio Slushie **Peach Slices** Assorted Low Fat Milk

### **BREAKFAST**

Mini Pancakes or Waffles Assorted Cereal w/ Cinnamon Goldfish Graham Cracker 100% Juice Assorted Low Fat Milk

#### LUNCH

Southern Style Chicken Bites w/ Cheez It®Cheddar Crackers Buffalo Chicken Chunks w/ Cheez It® Cheddar Crackers Manager's Special Entrée Assorted Fruit Cup Crispy Tater Tots Assorted Low Fat Milk

#### **DINNER**

Turkey & Cheese Sandwich Fresh Baby Carrots w/ Dip Buddy Fruit® Cinnamon Applesauce Assorted Low Fat Milk

## **BREAKFAST**

Sausage Biscuit Apple Cinnamon Chewy Bar 100% Juice Assorted Low Fat Milk

#### LUNCH

Original Cheeseburger Manager's Special Entrée Assorted Fruit Cup Fresh Veggies w/ Lite Ranch Dip Assorted Low Fat Milk

#### **DINNER**

Mozzarella String Cheese (2ea) Crisp Garden Side Salad Fruited Gelatin Cheez It® Cheddar Crackers Assorted Low Fat Milk

### **BREAKFAST**

Chicken Biscuit Blueberry Belgian Waffle 100% Juice Assorted Low Fat Milk

#### LUNCH Cheese or Pepperoni Pizza Kickin Chicken Mac n

Cheese Assorted Fruit Cup Crisp Garden Side Salad Assorted Low Fat Milk

#### DINNER

Ham & Cheese Sub Buddy Fruit® Cinnamon **Applesauce** Fresh Baby Carrots w/ Dip Assorted Low Fat Milk

8 **BREAKFAST** 

Sausage Biscuit

**Danimals Yogurt** w/Cinnamon Goldfish

Graham 100% Juice Assorted Low Fat Milk

#### LUNCH All American Hotdog

Fish & Chips w/Goldfish Crackers Assorted Fruit Cup

Fresh Veggies w/ Dip Assorted Low Fat Milk

#### **DINNER**

Turkey & Swiss Croissant Fresh Apple Slices Vegetable Juice Box Assorted Low Fat Milk

#### 11 **BREAKFAST French Toast Sticks**

w/syrup Banana Chocolate Chunk Protein Bar 100% Juice Assorted Low Fat Milk

#### LUNCH

Crispy Chicken Sandwich Spicy Chicken Sandwich Manager's Special Entrée Assorted Fruit Cup Fresh Veggies w/ Dip Assorted Low Fat Milk

#### **DINNER**

Sunflower Seeds w/ Mozzarella String Cheese Cheez It® Cheddar Crackers Fresh Baby Carrots w/ Dip Mandarin Oranges Assorted Low Fat Milk

#### 12 **BREAKFAST**

Mini Pancakes or Waffles Assorted Cereal w/ Cinnamon Goldfish Graham Cracker 100% Juice Assorted Low Fat Milk

#### LUNCH

Southern Style Chicken Bites w/ Cheez It® Crackers Buffalo Chicken Chunks w/ Cheez It® Cheddar Crackers **Cuban Reuben Sandwich** Assorted Fruit Cup Crispy Tater Tots Assorted Low Fat Milk

Italian Deli Sub Vegetable Juice Box Applesauce Fruit Cup Assorted Low Fat Milk

#### 13 **BREAKFAST**

Sausage Biscuit Apple Cinnamon Chewy Bar 100% Juice Assorted Low Fat Milk

#### LUNCH

Original Cheeseburger Manager's Special Entrée Assorted Fruit Cup Fresh Veggies w/ Lite Ranch Dip Assorted Low Fat Milk

#### **DINNER**

Ham & Cheese Sandwich Pear Slices Dip

#### **BREAKFAST**

14

Chicken Biscuit Blueberry Belgian Waffle 100% Juice Assorted Low Fat Milk

#### LUNCH

Cheese or Pepperoni Pizza or

#### Bacon Burger Mac n Cheese

Assorted Fruit Cup Crisp Garden Side Salad Assorted Low Fat Milk

#### **DINNER**

Turkey & Cheese Wrap 100% Fruit Juice Fresh Baby Carrots w/ Dip 15

**Non-Student Day** 

### **DINNER**

Fresh Celery w/ Lite Ranch Assorted Low Fat Milk

Assorted Low Fat Milk

# 18

**Non-Student Day MLK Jr Day** 



#### 19 **BREAKFAST**

Mini Pancakes or Waffles Assorted Cereal w/ Cinnamon Goldfish Graham Cracker 100% Juice Assorted Low Fat Milk

#### LUNCH

Southern Style Chicken Bites w/ Cheez It® Cheddar Crackers Buffalo Chicken Chunks w/ Cheez It® Cheddar Crackers Manager's Special Entrée Assorted Fruit Cup Crispy Tater Tots Assorted Low Fat Milk

#### **DINNER**

Turkey & Cheese Sandwich Fresh Baby Carrots w/ Dip Buddy Fruit® Cinnamon **Applesauce** Assorted Low Fat Milk

#### 20 **BREAKFAST**

Sausage Biscuit Apple Cinnamon Chewy Bar 100% Juice Assorted Low Fat Milk

#### LUNCH

Original Cheeseburger Manager's Special Entrée Assorted Fruit Cup Fresh Veggies w/ Lite Ranch Dip Assorted Low Fat Milk

#### **DINNER**

Mozzarella String Cheese (2ea) Crisp Garden Side Salad Fruited Gelatin Cheez It® Cheddar Crackers Assorted Low Fat Milk

#### 21 **BREAKFAST**

Chicken Biscuit Blueberry Belgian Waffle 100% Juice Assorted Low Fat Milk

### LUNCH

Cheese or Pepperoni Pizza Kickin Chicken Mac n Cheese Assorted Fruit Cup Crisp Garden Side Salad

# Assorted Low Fat Milk **DINNER**

Ham & Cheese Sub Buddy Fruit® Cinnamon **Applesauce** Fresh Baby Carrots w/ Dip Assorted Low Fat Milk

#### 22 **BREAKFAST**

Sausage Biscuit **Danimals Yogurt** w/Cinnamon Goldfish Graham 100% Juice

## Assorted Low Fat Milk LUNCH

All American Hotdog Manager's Special Entrée Assorted Fruit Cup Fresh Veggies w/ Dip Assorted Low Fat Milk

#### **DINNER**

Turkey & Swiss Croissant Fresh Apple Slices Vegetable Juice Box Assorted Low Fat Milk

25 BREAKFAST French Toast Sticks

w/syrup Banana Chocolate Chunk Protein Bar 100% Juice Assorted Low Fat Milk

#### LUNCH

Crispy Chicken Sandwich Spicy Chicken Sandwich Manager's Special Entrée Assorted Fruit Cup Fresh Veggies w/ Dip Assorted Low Fat Milk

#### DINNER Danimals Yogurt

Sunflower Seeds Mini Blueberry Muffin Tropical Trio Slushie Peach Slices Assorted Low Fat Milk 26 BREAKFAST

Mini Pancakes or Waffles Assorted Cereal w/ Cinnamon Goldfish Graham Cracker 100% Juice Assorted Low Fat Milk

LUNCH

Southern Style Chicken Bites w/ Cheez It® Cheddar Crackers
Buffalo Chicken Chunks w/ Cheez It® Cheddar Crackers
Cuban Reuben Sandwich Assorted Fruit Cup Crispy Tater Tots
Assorted Low Fat Milk

#### **DINNER**

Turkey & Cheese Sandwich Fresh Baby Carrots w/ Dip Buddy Fruit® Cinnamon Applesauce Assorted Low Fat Milk BREAKFAST

27

Sausage Biscuit Apple Cinnamon Chewy Bar 100% Juice Assorted Low Fat Milk

LUNCH

Original Cheeseburger
Manager's Special Entrée
Assorted Fruit Cup
Fresh Veggies w/ Lite Ranch
Dip
Assorted Low Fat Milk

#### **DINNER**

Mozzarella String Cheese (2ea) Crisp Garden Side Salad Fruited Gelatin Cheez It® Cheddar Crackers Assorted Low Fat Milk BREAKFAST

28

Chicken Biscuit Blueberry Belgian Waffle 100% Juice Assorted Low Fat Milk

LUNCH

Cheese or Pepperoni Pizza
Buffalo Chicken Mac n
Cheese
Assorted Fruit Cup
Crisp Garden Side Salad
Assorted Low Fat Milk

#### **DINNER**

Ham & Cheese Sub Buddy Fruit® Cinnamon Applesauce Fresh Baby Carrots w/ Dip Assorted Low Fat Milk BREAKFAST

29

Sausage Biscuit

Danimals Yogurt w/Cinnamon Goldfish Graham 100% Juice Assorted Low Fat Milk

LUNCH
All American Hotdog
Fish & Chips w/Goldfish
Crackers
Assorted Fruit Cup
Fresh Veggies w/ Dip
Assorted Low Fat Milk

#### **DINNER**

Turkey & Swiss Croissant Fresh Apple Slices Vegetable Juice Box Assorted Low Fat Milk