



Volleyball October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Tryouts 3:30-5 *All paperwork must be approved prior to attending!	5 Tryouts 4:30-6	6 Tryouts 4:30-6 First Cuts	7 Tryouts 4:30-6 Second Cuts	8 Tryouts 4:30-6 Final Cuts/Teams	9
10	11 Practice 3:30-5	12 Practice 4:30-6	13 Practice 4:30-6	14 Practice 4:30-6	15 Practice 4:30-6	16
17	18 Game Practice 3:30-5	19 Game Home v. Eisenhower 6:00G/7:00B	20 Practice 4:30-6	21 Practice 4:30-6	22 No Practice	23
24	25 Game Practice 3:30-5	26 Game Away @ Rodgers 6:00G/7:00B	27 Practice 4:30-6	28 Game Practice 4:30-6	29 No Practice	30
31						



Volleyball November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Game Away @ Shields 6:00G/7:00B	2 Game Practice 4:30-6	3 Game Home vs. Burns 6:00G/7:00B	4 Game Practice 4:30-6	5 No Practice	6
7	8 Game Home vs. Sumner 6:00G/7:00B	9 Game Practice 4:30-6	10 Game Away @ Randall 6:00G/7:00B	11 Labor Day No school	12	13
14	15 *15-17 Championship Games if we qualify	16	17	18	19	20
21	22 Fall Break	23 Fall Break	24 Fall Break	25 Fall Break	26 Fall Break	27
28	29	30				



Barrington Middle School Volleyball

Expectations:

- All sports paperwork must be turned in online (planeths.com) and approved by Ms. Clayton **BEFORE** the first week of tryouts in order to participate.
- Students will not be issued gym shoes (basketball/running shoes) or kneepads. These are required and **MUST** be worn during ALL practice sessions and games. Players are expected to wear school appropriate athletic garments. **GAMEWEAR:** Black Shorts, provided game jersey, knee pads, no jewelry.
- Students must maintain good behavior (No ISS/OSS) and a C average (No Fs) for participation in practice and games. Players will be benched for low grades and/or behavioral issues.
- Games: Players will need to be transported to and picked up from and signed out by a parent at the gym of all games (see the calendar for locations).
- Any form of bullying/harassment/negative attitude/behaviors towards another player or coaches **WILL NOT BE TOLERATED**. Player will be removed from the team and will not play in any game.
- Students are to conduct themselves in a respectful, loyal, and professional manner during practices and games. As a member of this program, you represent yourself, your family, Barrington, the coaching staff, and your community.
- 100% of effort is expected during every practice and game.

Practice & Games

- Girls and Boys teams will share the gym. We will scrimmage against each other and run drills together. This gives us the maximum practice time with both teams. There will be **NO** distractions from the sport on the court. We will be focused on improving our game.
- There will be a maximum of 12 girls and 12 boys on the teams. The team will be announced the week after tryouts by a posting on the locker room door, the announcement board near the elective hallway & gym door. Volleyball is a game played with 6 players on the court at one time. Due to court space in the gym, the team needs to be limited. For each game, a dress roster will be announced.
- Tryouts will include scoring for under hand and over hand passing (setting), footwork, hitting, attitude, coachability and teamwork—please see the included tryout evaluation.
- Practices will begin after school at 4:30pm (3:30pm on Early Release Mondays). Students will report to the locker room after their last class to prepare for practice, which will be held in the gym. (If you are on time for practice, you are **LATE**.) Students need to be picked up no later than 6:00 on Tuesdays to Fridays and 5:00 on Mondays. Any students picked up later will be issued a warning. If late pick up occurs again, the student will be removed from the team.
- Students who will miss practice or games for any reasons must discuss these absences with their coach ahead of time. Players missing practices without further notification may not play in upcoming games. Please email if you will be absent or you are signed out sick.
- Those that play a club sport must attend the majority of our practices during our short season (especially those labeled **GAME PRACTICE** if not game Roster, that being said, please discuss circumstances with the coach so we can work out a plan for participation.

Coach Fitzgerald

Jessica.Fitzgerald@hcps.net

813-657-7266 ext 235

BMS Volleyball Evaluation Form

Name: _____ **Right or Left hand** Height _____

Birthdate: _____ Age: _____ **Boys or Girls** Grade _____ Phone # _____

Tryout for: S OH MH RS DS Email _____ Parent Phone: _____

Played(School/Club): _____ Sports: _____

DO NOT WRITE BELOW THIS LINE

Skill Scores

Skill	Rating Scale 5 is highest	Cue			
		If check skills need to be improved, developed, or managed			
Serve	1 2 3 4 5	<input type="checkbox"/> Underhand <input type="checkbox"/> Step toward	<input type="checkbox"/> Overhand <input type="checkbox"/> Big Hand	<input type="checkbox"/> Quarterback Arm <input type="checkbox"/> Elbow high	<input type="checkbox"/> Toss Away <input type="checkbox"/> Follow through
U-pass/"bump"	1 2 3 4 5	<input type="checkbox"/> Wide Base <input type="checkbox"/> Platform drop	<input type="checkbox"/> Move under <input type="checkbox"/> Target Hip Turn	<input type="checkbox"/> Communicate <input type="checkbox"/> Freeze	<input type="checkbox"/> Platform out
O-pass/Set	1 2 3 4 5	<input type="checkbox"/> Under ball <input type="checkbox"/> Jump to Target	<input type="checkbox"/> Right foot forward <input type="checkbox"/> Extension	<input type="checkbox"/> Square up <input type="checkbox"/> Communicate	<input type="checkbox"/> Hands high
Attack/ "Spike"	1 2 3 4 5	<input type="checkbox"/> Ready <input type="checkbox"/> SNAP through to target	<input type="checkbox"/> Timing <input type="checkbox"/> Land on 2 feet	<input type="checkbox"/> Left-Right-Left Jump <input type="checkbox"/> Communicate	<input type="checkbox"/> Bow & Arrow
Block	1 2 3 4 5	<input type="checkbox"/> Hand high <input type="checkbox"/> Front hitter	<input type="checkbox"/> Leg flexed <input type="checkbox"/> Hands Penetrate	<input type="checkbox"/> Shuffle <input type="checkbox"/> Crossover <input type="checkbox"/> Communicate	<input type="checkbox"/> Close block
Dig	1 2 3 4 5	<input type="checkbox"/> Low posture <input type="checkbox"/> Stay on feet	<input type="checkbox"/> Pursue ball <input type="checkbox"/> Floor Skills(rolls, sprawls and dives)	<input type="checkbox"/> Platform to target <input type="checkbox"/> Stopped <input type="checkbox"/> Communicate	
Movement/ Footwork	1 2 3 4 5	<input type="checkbox"/> Sides <input type="checkbox"/> Spiking approach	<input type="checkbox"/> Forward <input type="checkbox"/> Reaction	<input type="checkbox"/> Backward <input type="checkbox"/> Retract	<input type="checkbox"/> Shuffle <input type="checkbox"/> Crossover <input type="checkbox"/> Transition
Attitude!	1 2 3 4 5	<input type="checkbox"/> Always ready <input type="checkbox"/> Initiative	<input type="checkbox"/> Intensity <input type="checkbox"/> Effort	<input type="checkbox"/> High energy <input type="checkbox"/> Positive and Supportive	<input type="checkbox"/> Confidence
Leadership	1 2 3 4 5	<input type="checkbox"/> Acknowledge others <input type="checkbox"/> Bringing the team together <input type="checkbox"/> Team leadership <input type="checkbox"/> Collective responsibility in team solutions with challenges (on and off court)			
Follow Direction	1 2 3 4 5	<input type="checkbox"/> Eye Contact <input type="checkbox"/> Always ready	<input type="checkbox"/> Knowledge <input type="checkbox"/> Focus	<input type="checkbox"/> Understand <input type="checkbox"/> Easily Distract	<input type="checkbox"/> Ask Questions
Coachable	1 2 3 4 5	<input type="checkbox"/> Need Work <input type="checkbox"/> Look across the net	<input type="checkbox"/> Good <input type="checkbox"/> Problem Solver	<input type="checkbox"/> Great	<input type="checkbox"/> Outstanding
Shagging	1 2 3 4 5	<input type="checkbox"/> Not responsible <input type="checkbox"/> Good <input type="checkbox"/> Great <input type="checkbox"/> Team player			

Notes:

Recommendations: